## ADULT DOG

| Fresh Frozen Daily Diet Recipe | Adult Dog Size \& Weight |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Extra Small 5-10 lbs | $\begin{gathered} \text { Small } \\ 11-20 \text { lbs } \end{gathered}$ | Medium $21-40 \text { lbs }$ | $\begin{aligned} & \text { Large } \\ & 41-60 \text { lbs } \end{aligned}$ | Extra Large <br> 61 - 80 lbs |
| Beef \& Russet Potato | $\begin{aligned} & 1 / 2-1 \text { cup } \\ & 31 / 2-5 \% \text { oz } \end{aligned}$ | $\begin{aligned} & 1-1 / 2 \text { cups } \\ & 5 / 2-9 / 202 \end{aligned}$ | $\begin{aligned} & 11 / 2-21 / 2 \text { cups } \\ & 91 / 2-151 / 2 \text { oz } \end{aligned}$ | $\begin{aligned} & 21 / 2-31 / 4 \text { cups } \\ & 151 / 2-2102 \end{aligned}$ | $\begin{aligned} & 31 / 4-4 \text { cups } \\ & 21-28 \mathrm{oz} \end{aligned}$ |
| Chicken \& White Rice | $\begin{aligned} & 3 / 4-1 \text { cup } \\ & 3 / 2-6 \text { oz } \end{aligned}$ | $\begin{aligned} & 1-13 / \text { cups } \\ & 6-9 \% \text { oz } \end{aligned}$ | $\begin{aligned} & 13 / 4-2 \% \text { cups } \\ & 91 / 2-16 \text { oz } \end{aligned}$ | $\begin{aligned} & 23 / 4-33 / 1 \text { cups } \\ & 16-211 / \text { oz } \end{aligned}$ | $\begin{aligned} & 33 / 4-41 / 2 \text { cups } \\ & 21 \%-27 \text { oz } \end{aligned}$ |
| Fish \& Sweet Potato | $\begin{aligned} & 1-11 / 2 \text { cups } \\ & 51 / 2-9 \% \text { oz } \end{aligned}$ | $\begin{aligned} & 11 / 2-21 / 2 \text { cups } \\ & 9 / 2-1602 \end{aligned}$ | $\begin{aligned} & 21 / 2-4 \text { cups } \\ & 16-261 / 2 \mathrm{oz} \end{aligned}$ | $\begin{aligned} & 4-5 \% \text { cups } \\ & 26 / 2-35 \% \text { oz } \end{aligned}$ | $\begin{aligned} & 51 / 4-61 / 2 \text { cups } \\ & 35 / 2-44 \text { oz } \end{aligned}$ |
| Lamb \& Brown Rice | $\begin{aligned} & 3 / 4-1 \text { cup } \\ & 31 / 2-6 \text { oz } \end{aligned}$ | $\begin{aligned} & 1-13 / \text { cups } \\ & 6-10 \mathrm{oz} \end{aligned}$ | $\begin{aligned} & 13 / 4-2 \% / 4 \text { cups } \\ & 10-16 \% \text { oz } \end{aligned}$ | $\begin{aligned} & 23 / 4-33 / 4 \text { cups } \\ & 16 \%-22 \text { oz } \end{aligned}$ | $\begin{aligned} & 33 / 4-41 / 2 \text { cups } \\ & 22-27 / 2 \text { oz } \end{aligned}$ |
| Turkey \& Whole Wheat Macaroni | $\begin{aligned} & 1 / 2-1 \text { cup } \\ & 3-5 \text { oz } \end{aligned}$ | $\begin{aligned} & 1-1 / 2 \text { cups } \\ & 5-8 \% \text { oz } \end{aligned}$ | $\begin{aligned} & 11 / 2-21 / 4 \text { cups } \\ & 81 / 2-140 z \end{aligned}$ | $\begin{aligned} & 21 / 4-3 \text { cups } \\ & 14-19 \text { oz } \end{aligned}$ | $\begin{aligned} & 3-33 / 4 \text { cups } \\ & 19-23 / 202 \end{aligned}$ |
| Venison \& Squash | $\begin{aligned} & 1-1 / 2 \text { cups } \\ & 6-10 \mathrm{oz} \end{aligned}$ | $\begin{aligned} & 11 / 2-21 / 2 \text { cups } \\ & 10-16 \% \text { oz } \end{aligned}$ | $\begin{aligned} & 21 / 2-4 \text { cups } \\ & 16 y_{2}-27 / 202 \end{aligned}$ | $\begin{aligned} & 4-51 / 2 \text { cups } \\ & 27 / 2-37 \text { oz } \end{aligned}$ | $\begin{aligned} & 51 / 2-63 / 4 \text { cups } \\ & 37-46 o z \end{aligned}$ |
| Joint \& Skin Support | $\begin{aligned} & 1 / 4-11 / 4 \text { cups } \\ & 41 / 2-7 / 202 \end{aligned}$ | $\begin{aligned} & 11 / 4-2 \text { cups } \\ & 7 \%-13 \mathrm{oz} \end{aligned}$ | $\begin{aligned} & 2-31 / 2 \text { cups } \\ & 13-21 \% \text { oz } \end{aligned}$ | $\begin{aligned} & 31 / 2-41 / 2 \text { cups } \\ & 21 / 2-29 \text { oz } \end{aligned}$ | $\begin{aligned} & 41 / 2-51 / 2 \text { cups } \\ & 29-36 \mathrm{oz} \end{aligned}$ |
| Balanced Remedy | $\begin{aligned} & 1-1 / 2 \text { cups } \\ & 4-61 / \text { oz } \end{aligned}$ | $\begin{aligned} & 11 / 2-21 / 2 \text { cups } \\ & 61 / 2-101 / 2 \mathrm{oz} \end{aligned}$ | $\begin{aligned} & 21 / 2-4 \text { cups } \\ & 10 \%-17 / 202 \end{aligned}$ | $\begin{aligned} & 4-51 / 4 \text { cups } \\ & 178 / 2-240 z \end{aligned}$ | $\begin{aligned} & 51 / 4-61 / 2 \text { cups } \\ & 24-291 / 20 \end{aligned}$ |


| Fresh Frozen Vet Support Recipe | Adult Dog Size \& Weight |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Extra Small 5-10 lbs | $\begin{gathered} \text { Small } \\ 11-20 \text { lbs } \end{gathered}$ | Medium $21-40 \mathrm{lbs}$ | $\begin{aligned} & \text { Large } \\ & 41-60 \mathrm{lbs} \end{aligned}$ | Extra Large <br> 61 - 80 lbs |
| Hepatic Support Low Fat | $\begin{aligned} & 1-1 / 2 \text { cups } \\ & 6-10 \text { oz } \end{aligned}$ | $\begin{aligned} & 11 / 2-21 / 2 \text { cups } \\ & 10-161 / 2 \text { oz } \end{aligned}$ | $\begin{aligned} & 21 / 2-4 \text { cups } \\ & 16 \%-27 \% \text { oz } \end{aligned}$ | $\begin{aligned} & 4-51 / 2 \text { cups } \\ & 27 / 2-37 \text { oz } \end{aligned}$ | $\begin{aligned} & 51 / 2-6 \% \text { cups } \\ & 37-46 \text { oz } \end{aligned}$ |
| Renal Support Low Protein | $\begin{aligned} & 3 / 4-1 \text { cup } \\ & 33-5 \% / 2 \text { oz } \end{aligned}$ | $\begin{aligned} & 1-13 / 4 \text { cups } \\ & 5 \% / 2-9 \mathrm{oz} \end{aligned}$ | $\begin{aligned} & 13 / 4-3 \text { cups } \\ & 9-15 \text { oz } \end{aligned}$ | $\begin{aligned} & 3-4 \text { cups } \\ & 15-20 \text { oz } \end{aligned}$ | $\begin{aligned} & 4-4 \% \text { cups } \\ & 20-25 \text { oz } \end{aligned}$ |
| Critical Care Support | $\begin{aligned} & 1 / 2-1 / 4 \text { cup } \\ & 21 / 2-4 o z \end{aligned}$ | $\begin{aligned} & 3 / 4-1 / 4 \text { cups } \\ & 4-61 / 0 z \end{aligned}$ | $\begin{aligned} & 11 / 4-2 \text { cups } \\ & 61 / 2-11 \text { oz } \end{aligned}$ | $\begin{aligned} & 2-2 \% \text { cups } \\ & 11-1502 \end{aligned}$ | $\begin{aligned} & 23 / 4-31 / 4 \text { cups } \\ & 15-181 / 2 \text { oz } \end{aligned}$ |
| Metabolic Support | $\begin{aligned} & 1 / 2-3 / 4 \text { cup } \\ & 3-5 o z \end{aligned}$ | $\begin{aligned} & 3 / 11 / 4 \text { cups } \\ & 5-8 o z \end{aligned}$ | $\begin{aligned} & 11 / 4-2 \text { cups } \\ & 8-13 / 20 z \end{aligned}$ | $\begin{aligned} & 2-23 \text { cups } \\ & 13 \%-18 \text { oz } \end{aligned}$ | $\begin{aligned} & 23 / 4-31 / 2 \text { cups } \\ & 18-220 z \end{aligned}$ |

## JustFoodForDogs. Fresh Frozen Feeding Guide

## PUPPY

| Fresh Frozen Daily Diet Recipe | <4 Months Puppy Size \& Weight |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Extra Small $1-4 \mathrm{lbs}$ | $\begin{aligned} & \text { Small } \\ & 5-10 \mathrm{lbs} \end{aligned}$ | Medium <br> 11 - 20 lbs | $\begin{gathered} \text { Large } \\ 21-40 \mathrm{lbs} \end{gathered}$ | Extra Large <br> 41 - 60 lbs |
| Fish \& Sweet Potato | $\begin{aligned} & 3 / 4-21 / 4 \text { cups } \\ & 4 / 2-15 \text { oz } \end{aligned}$ | $\begin{aligned} & 21 / 4-33 / 4 \text { cups } \\ & 15-25 \text { oz } \end{aligned}$ | $\begin{aligned} & 33 / 4-61 / \text { cups } \\ & 25-42 \% \text { oz } \end{aligned}$ | $\begin{aligned} & 61 / 4-101 / 2 \text { cups } \\ & 421 / 2-710 z \end{aligned}$ | $\begin{aligned} & 101 / 2-141 / 4 \text { cups } \\ & 7-96.5 \mathrm{oz} \end{aligned}$ |
| Chicken \& White Rice | $\begin{aligned} & 1 / 2-11 / 2 \text { cups } \\ & 21 / 2-902 \end{aligned}$ | $\begin{aligned} & 11 / 2-21 / 2 \text { cups } \\ & 9-15 \mathrm{oz} \end{aligned}$ | $\begin{aligned} & 21 / 2-41 / 4 \text { cups } \\ & 15-25 \% \text { oz } \end{aligned}$ | $\begin{aligned} & 41 / 4-7 / 4 \text { cups } \\ & 25 \%-43 \text { oz } \end{aligned}$ | $\begin{aligned} & 714-9 \% \text { cups } \\ & 43-58 \% / 20 \end{aligned}$ |


| Fresh Frozen Daily Diet Recipe | >4 Months Puppy Size \& Weight |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Extra Small $1-4 \mathrm{lbs}$ | $\begin{aligned} & \text { Small } \\ & 5-10 \mathrm{lbs} \end{aligned}$ | Medium $11-20 \mathrm{lbs}$ | $\begin{gathered} \text { Large } \\ 21-40 \mathrm{lbs} \end{gathered}$ | Extra Large <br> 41-60 lbs |
| Fish \& Sweet Potato | $\begin{aligned} & 1 / 2-1 / 2 \text { cups } \\ & 3-10 \mathrm{oz} \end{aligned}$ | $\begin{aligned} & 11 / 2-21 / 2 \text { cups } \\ & 10-17 \mathrm{oz} \end{aligned}$ | $\begin{aligned} & 21 / 2-41 / 4 \text { cups } \\ & 17-28 o z \end{aligned}$ | $\begin{aligned} & 41 / 4-7 \text { cups } \\ & 28-47 / 2 \text { oz } \end{aligned}$ | $\begin{aligned} & 7-91 / 2 \text { cups } \\ & 47 / 2-64 / 20 z \end{aligned}$ |
| Chicken \& White Rice | $\begin{aligned} & 1 / 4-1 \text { cup } \\ & 2-60 z \end{aligned}$ | $\begin{aligned} & 1-13 / \text { cups } \\ & 6-10 \text { oz } \end{aligned}$ | $\begin{aligned} & 13 / 4-23 / \text { cups } \\ & 10-17 o z \end{aligned}$ | $\begin{aligned} & 2 \%-43 / 4 \text { cups } \\ & 17-28 / / \text { oz } \end{aligned}$ | $\begin{aligned} & 4 \%-61 / 2 \text { cups } \\ & 281 / 2-39 o z \end{aligned}$ |

## ADULT CAT

| Cat Size \& Weight | Daily Amount |
| :---: | :---: |
| Extra Small $4-6 \mathrm{lbs}$ | $\begin{aligned} & 1 / 2-3 / 4 \text { cup } \\ & 3-4 o z \end{aligned}$ |
| Small <br> 7-12 Ibs | $\begin{aligned} & 3 / 4-1 \text { cup } \\ & 4-6 \mathrm{oz} \end{aligned}$ |
| Medium $13-15 \mathrm{lbs}$ | $\begin{aligned} & 1-1 \frac{11 / 2}{} \text { cups } \\ & 6-71 / 2 \text { oz } \end{aligned}$ |
| Large 16-20 lbs | $\begin{aligned} & 11 / 4-11 / 2 \text { cups } \\ & 71 / 2-9 \text { oz } \end{aligned}$ |
| Extra Large $21-25 \mathrm{lbs}$ | $11 / 2-13 / 4 \text { cups }$ $9-101 / 20 \text { oz }$ |

For best results, it is recommended that you weigh the food in ounces using a digital scale. If you do not have a scale, you may use the cup estimates as shown on the chart. Always weigh you puppy or cat every 1-2 weeks and adjust initial servings accordingly when starting any new diet.

## JustFoodForDogs.

- Pantry Fresh Frozen Feeding Guide

|  | Pantry Fresh Daily Diet Recipe | Adult Dog Size \& Weight |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Extra Small $5-10 \mathrm{lbs}$ | $\begin{aligned} & \text { Small } \\ & 11-20 \mathrm{lbs} \end{aligned}$ | Medium $21-40 \mathrm{lbs}$ | $\begin{aligned} & \text { Large } \\ & 41-60 \mathrm{lbs} \end{aligned}$ | Extra Large $61-80 \mathrm{lbs}$ |
|  | Beef \& Russet Potato | $\begin{aligned} & 1 / 2-3 / 4 \text { pack } \\ & 4-7 o z \end{aligned}$ | $\begin{aligned} & 3 / 4-1 \text { pack } \\ & 7-11 / 202 \end{aligned}$ | $\begin{aligned} & 1-1 \% \text { packs } \\ & \mathrm{n} / 2-19 \mathrm{oz} \end{aligned}$ | $\begin{aligned} & 13-21 / 4 \text { packs } \\ & 19-26 \text { oz } \end{aligned}$ | $\begin{aligned} & 21 / 4-23 / 4 \text { packs } \\ & 26-32 \text { oz } \end{aligned}$ |
|  | Chicken \& White Rice | $\begin{aligned} & 1 / 2-3 / 4 \text { pack } \\ & 5-8 \text { oz } \end{aligned}$ | $\begin{aligned} & 3 / 4-11 / 4 \text { packs } \\ & 8-13 / 2 \text { oz } \end{aligned}$ | $\begin{aligned} & 11 / 4-13 / 4 \text { packs } \\ & 131 / 2-22 \mathrm{oz} \end{aligned}$ | $\begin{aligned} & 13 / 1 / 21 / 2 \text { packs } \\ & 22-30 \text { oz } \end{aligned}$ | $\begin{aligned} & 21 / 2-3 \text { packs } \\ & 30-37 \text { oz } \end{aligned}$ |
| $\begin{aligned} & 1 \\ & 0 \\ & 0 \\ & 1 \\ & 1 \\ & 2 \\ & 2 \\ & 4 \end{aligned}$ | Lamb \& Brown Rice | $\begin{aligned} & 1 / 2-3 / 4 / \text { pack } \\ & 4-61 / o z \end{aligned}$ | $\begin{aligned} & 3 / 4-1 \text { packs } \\ & 63 / 11 \mathrm{oz} \end{aligned}$ | $\begin{aligned} & 1-1 / 2 \text { packs } \\ & n-18 \mathrm{oz} \end{aligned}$ | $\begin{aligned} & 11 / 2-2 \text { packs } \\ & 18-24 \% \text { oz } \end{aligned}$ | $\begin{aligned} & 2-21 / 2 \text { packs } \\ & 24 / 2-30 \% / 2 z \end{aligned}$ |
|  | Turkey \& Whole Wheat Macaroni | $\begin{aligned} & 1 / 2-3 / 4 \text { pack } \\ & 4 / 2-7 \mathrm{oz} \end{aligned}$ | $\begin{aligned} & 3 / 4-1 \text { packs } \\ & 7-12 \mathrm{oz} \end{aligned}$ | $\begin{aligned} & 1-13 / 4 \text { packs } \\ & 12-19 \% / 20 \end{aligned}$ | $\begin{aligned} & 13 / 1 / 21 / 4 \text { packs } \\ & 191 / 2-261 / 2 \mathrm{oz} \end{aligned}$ | $\begin{aligned} & 21 / 4-23 / 4 \text { packs } \\ & 261 / 23 \mathrm{oz} \end{aligned}$ |
|  | Joint \& Skin Support | $\begin{aligned} & 1 / 2-3 / \text { pack } \\ & 5-8 o z \end{aligned}$ | $\begin{aligned} & 3 / 4-11 / 4 \text { packs } \\ & 8-13 / 202 \end{aligned}$ | $\begin{aligned} & 11 / 4-13 / 4 \text { packs } \\ & 131 / 2-22 \mathrm{oz} \end{aligned}$ | $\begin{aligned} & 13 / 4-21 / 2 \text { packs } \\ & 22-30 \text { oz } \end{aligned}$ | $\begin{aligned} & 21 / 2-3 \text { packs } \\ & 30-37 \text { oz } \end{aligned}$ |
|  | Balanced Remedy | $\begin{aligned} & 1 / 2-3 / 4 / \text { pack } \\ & 4-61 / 2 \mathrm{oz} \end{aligned}$ | $\begin{aligned} & 3 / 4-1 \text { packs } \\ & 61 / 2-11 \text { oz } \end{aligned}$ | $\begin{aligned} & \begin{array}{l} 1-1 / 2 \text { packs } \\ n-18 \mathrm{oz} \end{array} \end{aligned}$ | $\begin{aligned} & 11 / 2-2 \text { packs } \\ & 18-24 / 2 \mathrm{oz} \end{aligned}$ | $\begin{aligned} & 2-21 / 2 \text { packs } \\ & 24 / 2-301 / 2 \end{aligned}$ |
|  |  |  |  | t Dog Size \& Weig |  |  |
|  | Pantry Fresh Vet Support Recipe | Extra Small $5-10 \mathrm{lbs}$ | $\begin{gathered} \text { Small } \\ 11-20 \mathrm{lbs} \end{gathered}$ | Medium <br> 21-40 lbs | $\begin{aligned} & \text { Large } \\ & 41-60 \mathrm{lbs} \end{aligned}$ | Extra Large 61 - 80 lbs |
|  | Hepatic Support Low Fat | $\begin{aligned} & 1 / 2-3 / 4 \text { pack } \\ & 5-8 \text { oz } \end{aligned}$ | $\begin{aligned} & 3 / 4-1 / 4 \text { packs } \\ & 8-13 \% \text { oz } \end{aligned}$ | $\begin{aligned} & 11 / 4-1 \% \text { packs } \\ & 133 / 2-2202 \end{aligned}$ | $\begin{aligned} & 13 / 4-21 / 2 \text { packs } \\ & 22-30 \text { oz } \end{aligned}$ | $\begin{aligned} & 21 / 2-3 \text { packs } \\ & 30-37 \text { oz } \end{aligned}$ |
|  | Renal Support Low Protein | $\begin{aligned} & 1 / 4-1 / 2 \text { pack } \\ & 31 / 2-5 / 202 \end{aligned}$ | $\begin{aligned} & 1 / 2-3 / \text { pack } \\ & 5 / 2-9 \mathrm{oz} \end{aligned}$ | $\begin{aligned} & 3 / 4-1 / 4 \text { packs } \\ & 9-15 \% \text { oz } \end{aligned}$ | $\begin{aligned} & 11 / 4-13 / 4 \text { packs } \\ & 15 \%-201 / \mathrm{oz} \end{aligned}$ | $\begin{aligned} & 13 / 4-21 / 4 \text { packs } \\ & 201 / 25 \% / 2 \mathrm{oz} \end{aligned}$ |
|  | Metabolic Support | $\begin{aligned} & 1 / 2-3 / 4 \text { pack } \\ & 5-802 \end{aligned}$ | $\begin{aligned} & 3 / 4-11 / \text { packs } \\ & 8-13 \% \text { oz } \end{aligned}$ | $\begin{aligned} & 11 / 4-13 / \text { packs } \\ & 13 \%-2202 \end{aligned}$ | $\begin{aligned} & 13 / 21 / 2 \text { packs } \\ & 22-30 \text { oz } \end{aligned}$ | $\begin{aligned} & 21 / 2-3 \text { packs } \\ & 30-37 \text { oz } \end{aligned}$ |
| $\frac{8}{2}$ | Pantry Fresh Daily Diet Recipe | <4 Months Puppy Size \& Weight |  |  |  |  |
|  |  | Extra Small $1-4 \mathrm{lbs}$ | $\begin{aligned} & \text { Small } \\ & 5-10 \mathrm{lbs} \end{aligned}$ | Medium $11-20 \mathrm{lbs}$ | $\begin{gathered} \text { Large } \\ 21-40 \mathrm{lbs} \end{gathered}$ | Extra Large <br> 41 - 60 lbs |
|  | Chicken \& White Rice | $\begin{aligned} & 1 / 4-1 \text { pack } \\ & 4-121 / 20 \end{aligned}$ | $\begin{aligned} & 1-11 / 4 \text { packs } \\ & 121 / 2102 \end{aligned}$ | $\begin{aligned} & 13 / 4-23 / 4 \text { packs } \\ & 21-35 \% \text { oz } \end{aligned}$ | $\begin{aligned} & 23 / 4-4 \% \text { packs } \\ & 35 \%-59 \% ~ o z \end{aligned}$ | $\begin{aligned} & 43 / 4-61 / 2 \text { packs } \\ & 591 / 8102 \end{aligned}$ |
|  |  | >4 Months Puppy Size \& Weight |  |  |  |  |
|  |  | $\begin{aligned} & 1 / 4-3 / 4 \text { pack } \\ & 21 / 2-8 / 40 z \end{aligned}$ | $\begin{aligned} & 3 / 4-1 \text { packs } \\ & 81 / 2-14 \mathrm{oz} \end{aligned}$ | $\begin{aligned} & 1-2 \text { packs } \\ & 14-23 \% \text { oz } \end{aligned}$ | $\begin{aligned} & 2-31 / 4 \text { packs } \\ & 23 / 2-40 \mathrm{oz} \end{aligned}$ | $\begin{aligned} & 31 / 4-41 / 4 \text { packs } \\ & 40-54 \mathrm{oz} \end{aligned}$ |

