



# Fresh Frozen FEEDING GUIDELINES for Adult Dogs

ADULT Wt lbs	Beef & Russet Potato 44 kcals/oz		Chicken & White Rice 43 kcals/oz		Fish & Sweet Potato 26 kcals/oz		Lamb & Brown Rice 42 kcals/oz		Turkey & Whole Wheat Macaroni 49 kcals/oz		Venison & Squash 25 kcals/oz		Balanced Remedy 39 kcals/oz		Joint & Skin Support 32 kcals/oz	
	Oz	Cups	Oz	Cups	Oz	Cups	Oz	Cups	Oz	Cups	Oz	Cups	Oz	Cups	Oz	Cups
10	5	.75	5	.75	8	1.25	5	.75	4	.75	8	1.25	7	1.5	8	1.25
20	8	1.25	8	1.25	13	2	8	1.25	7	1.25	14	2	11	2.5	14	2.25
30	11	1.75	11	1.75	18	2.75	11	1.75	10	1.75	19	2.75	15	3.5	19	3
40	13	2	14	2.25	23	3.25	14	2.25	12	2	23	3.5	19	4.25	23	3.5
50	16	2.5	16	2.75	27	4	16	2.75	14	2.5	28	4	22	5	27	4.25
60	18	2.75	18	3	31	4.5	19	3	16	2.75	32	4.5	26	5.75	31	5
70	20	3	21	3.5	34	5	21	3.5	18	3.25	36	5.25	29	6.5	35	5.5
80	22	3.5	23	3.75	38	5.5	23	3.75	20	3.5	39	5.75	32	7.25	39	6
90	24	3.75	25	4	41	6	26	4.25	22	3.75	43	6.25	35	7.75	42	6.75
100	26	4	27	4.5	45	6.5	28	4.5	24	4.25	47	6.75	38	8.5	46	7.25

ADULT Wt lbs	Large Breed Support 56 kcals/oz	
	Oz	Cups
30	8	1.5
40	10	1.75
50	12	2.25
60	14	2.5
70	16	2.75
80	18	3.25
90	19	3.5
100	21	3.75
110	22	4
120	24	4.25

# Fresh Frozen GROWTH FEEDING GUIDELINES for Puppies

<50% expected adult weight is typically <4-5 months of age for most dog breeds

PUPPIES < 50% Adult Wt.	Chicken & White Rice 43 kcals/oz		Fish & Sweet Potato 26 kcals/oz		PUPPIES > 50% Adult Wt.	Chicken & White Rice 43 kcals/oz		Fish & Sweet Potato 26 kcals/oz	
	Weight	Oz	Cups	Oz		Cups	Weight	Oz	Cups
5	8	1.25	13	2	5	5	.75	9	1.25
10	13	2.25	22	3.25	10	9	1.5	15	2.25
15	18	3	30	4.25	15	12	2	20	3
20	22	3.75	37	5.5	20	15	2.5	25	3.75
25	26	4.25	43	6.5	25	18	3	29	4.25
30	30	5	50	7.25	30	20	3.25	33	5
35	34	5.5	56	8.25	35	23	3.75	38	5.5
40	37	6	62	9	40	25	4	41	6
45	41	6.75	67	10	45	27	4.5	45	6.75
50	44	7.25	73	10.75	50	30	4.75	49	7.25
55	47	7.75	78	11.5	55	32	5.25	53	7.75
60	51	8.25	84	12.25	60	34	5.5	56	8.25
					65	36	6	60	8.75
					70	38	6.25	63	9.25
					75	40	6.5	66	9.75
					80	42	7	70	10.25
					85	44	7.25	73	10.75
					90	46	7.5	76	11.25
					95	48	7.75	79	11.75
					100	50	8.25	82	12.25



It is recommended that pet owners weigh food in ounces using a digital scale. If they do not have a scale, they may estimate volume in cups or pkg(s) per the charts above. The charts are only a guide; always adjust feeding recommendations based on careful monitoring of the weight of the patient.

## SAFE STORING & HANDLING:

Our recipes are made with real and preservative-free whole food ingredients, so the same rules apply as with the fresh food you eat. Store frozen food for up to 18 months, and once thawed, keep it in the fridge. For fish-based recipes, use it within 3 days, and for other protein-based recipes, use within 4 days.

## SAFE THAWING METHODS:



**IN FRIDGE (Recommended)**  
24 hours/18 oz of food / Up to 48 hours/72 oz of food



**IN COLD WATER**  
1 hour/18 oz of food / 3-5 hours/72 oz of food